

## **DO IT WITH SIX THINKING HATS**

IMPROVE TEAMWORK  
GENERATE NEW IDEAS  
STIMULATE INNOVATION  
LEAD BETTER MEETINGS  
SOLVE PROBLEMS FASTER

### **PROGRAM: SIX THINKING HATS by Dr. Edward de Bono**

Based on the system developed by Dr. Edward de Bono, Six Thinking Hats separates types of thinking – emotions from facts, positive from negative, critical from creative. Learn to wear each “hat” strategically in a process for solving problems and finding opportunities.

Results:

- \* Move from one-dimensional to six-dimensional thinking
- \* Reduce adversarial interactions
- \* Channel the factors that impact thinking: emotion, logic, optimism, creativity, skepticism
- \* Stimulate innovation by focusing the creative energy of your team
- \* Lead more focused, productive meetings

Duration: one or two days (could also be done in one half day)

#### **Changing Your Thinking**

- How corporations and people really think
- How to change from adversarial to parallel thinking
- What are the benefits of Six Hats
- Using Six Hats to get the big picture and clarify your thinking

#### **Putting on Your Thinking Hats**

- Why Six Hats
- Overview of each hat’s function and examples
- How and why the Six Hats system works

#### **The Nature of Each Hat**

- How to separate fact from feeling
- How to use and not abuse the voice of caution
- How to facilitate a Six Hats meeting

#### **The Green Hat: Focus on Creativity**

- How to develop and encourage the creative mindset
- Setting meeting rules that will encourage creative expression
- Techniques to enhance the flow of innovative ideas

#### **Practical Use of the Six Hats**

- Six Hats and business decisions
- Using Six Hats on an ad hoc basis
- The systematic use of Six Hats to solve problems and develop innovative solutions
- Selling the benefits of the Six Hats process to your colleagues